

Newsletter

April 2022



dovehousejc.org
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Give Big - Save the Date

24/7 Crisis Line
360-385-5291

Dove House Is Open:
Monday 9-12
(closed Monday afternoon
for our staff meeting)
Tuesday 9-12, 1-4
Wednesday 9-12, 1-4
Thursday 9-12, 1-4
Friday 9-12, 1-4
Dove House is closed
daily 12-1

Recovery Café
Open to the Public
Wednesdays 12-4
(Coffee & Connection)
Thursdays Noon—4 p.m.
(Free Meal)
Fridays 10 a.m.—1 p.m.
(Free Meal)

Welcome New Staff!
Imogen Williamson
Administrative Assistant
Cam McMinn
Recovery Advocate



Dove House invites you to a Consent Tea Party at the Recovery Café on

Monday April 18 from 3:00 – 7:00 p.m. This inclusive event features tea, great food, and fun activities in support of prevention, awareness, and consent education. It is also a great opportunity to experience the indoor and outdoor facilities at the Recovery Café (A Dove House program) and to connect with advocates and resources in our community related to supporting victims.

* * * * *

In partnership with Mariposa House and Healthy Families in Clallam Co., Dove House is engaging our communities in asking the question: “Am I the victim of a crime?”

We invite you to a free presentation by Ken Mayhew, BSA, Fraud Officer at First Federal Bank, Tuesday April 26 from 1:00-3:00 p.m. Ken will speak with us about financial crimes such as scams, check fraud, card fraud, and identity theft and outline the steps for criminal prosecution.

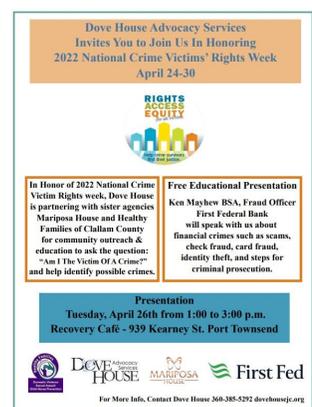
These events will be held at the Recovery Café, 939 Kearney St. Port Townsend. Masks are required indoors at the Recovery Café. Outdoor seating is also available.

Sexual Assault Awareness Month
April 1-30



More Info on all events
[On our Website](http://www.dovehousejc.org)

Crime Victims' Rights Week
April 24-30
Rights Access Equity



Programs & Services



Recoverycafejc.org



Open to the public:
Wednesdays 12pm-4pm (coffee and connection)
Thursdays 12pm-4pm (lunch served at 12:30pm)
Fridays 10am-1pm (brunch served at 10:30am)
Indoor & outdoor dining option. Masks are required indoors.

We help our Members foster positive peer relationships to build support for their unique recovery journeys; make referrals to community services; access online resources; and encourage everyone to participate in operating the Café. There are currently 51 Members and 30 Volunteers at Recovery Café with 7 Recovery Circles and 2 classes meeting weekly.

Monthly Events

- "Missing Buttons" (staff assist Members mend their clothing) - first Fridays 1:30-3 p.m.
- "Doc Talks" with Dr. Douwe Rienstra - second Fridays 1:30-3 p.m.
- School for Recovery Workshops - third Fridays 1:30-3 p.m.
- JC MASH Clinic - fourth Fridays 1:30-3 p.m.

"Y Tokens"

In partnership with our local YMCA, the Café provides Y Tokens for Members Provide shower access at the Mountain View pool on Thursdays and Fridays.

A big thank you! to the Nordland Garden Club for obtaining a grant and installing garden boxes at the Café



Volunteer help wanted!

- *Café Companions come consistently to listen, build healthy relationships and refer Members to community resources;
- *Kitchen Helpers assist Staff in prepping, cooking, serving, and cleaning up from our meal service.

Contact developmentrc@dovehousejc.org or simply join us during meal service to introduce yourself.

Toward a Consent Culture Relationship Skills Classes for High School Students

How do we build healthy relationships and a culture of consent? Dove House has provided healthy relationship skills education to students in all 3 local high schools for several years. Advocates Sarah and Liz are back to teaching prevention programs in person to 9th graders in Quilcene, Chimacum, and Port Townsend High School. We are excited to have added 11th and 12th graders in the OCEAN program this year with an adapted curriculum relevant to their ages and stage of development.

Our classes teach the importance of values and boundaries when entering relationships, provide students with the tools to choose and refuse, and encourage them to talk about their experiences while

Special Thanks To

The Medina Foundation Jefferson Healthcare
First Step Family Support Center Jefferson Community Foundation
Unity Center of Port Townsend St. Vincent de Paul
Uptown Cutlery The Food Coop
The Nordland Garden Club Olympic Peninsula YMCA
Port Ludlow Voice PSO Bluebills United Methodist Women
Community United Methodist Church Longevity Massage & Bodywork
Everyone who has been purchasing supplies online at domesticshelters.org
All who have donated their cars through careasy.org
And, all of our neighbors who recently joined us as donors
or are monthly/continuing supporters,

*Without the financial and gift-card contributions from individuals in our community,
 Dove House would not be able to provide the services and resources vital for
 survivors staying safe and regaining self-sufficiency and healthy, meaningful lives.*

(cont. from prev. pg) equipping them with the language to do so. We also provide education that challenges common myths and misconceptions about domestic violence and the negative societal expectations that perpetuate violence. The curriculum used in these classes creates a welcoming, non-shaming and open atmosphere that encourages collaborative dialogue among the students.

Throughout the class series, the students discuss a variety of real-life scenarios that might come up for them and their friends as they begin to navigate more adult situations. Liz and Sarah present common relationship situations highlighting consent (or lack of), forms of abuse and assault, as well as healthy interactions.

“Studies at the Crimes Against Children Research Center showed that “Over the course of their lifetime, 28% of youth ages 14-17 had been sexually victimized.”

<https://victimsofcrime.org/child-sexual-abuse-statistics/>

The benefits of these classes go well beyond these students. Empowered to recognize healthy relationships, teens can advocate with their peers as well as with the adults in their lives and share what resources Dove House can provide to our community.

Students are asked to discuss their feelings, what they would say or do in the situation, and/or what advice they might give to someone experiencing abuse in a relationship. These discussions are often the best parts of the classes with all students learning from one another’s unique perspectives on what it might be like to experience each scenario.

“Over 71% of women and over 55% of men first experienced intimate partner violence (sexual or physical violence, and/or stalking) under the age of 25.” [Teen Dating Violence Prevention Resources - 2021 Update |](#)

“Females ages 16-19 are 4 times more likely than the general population to be victims of rape, attempted rape, or sexual assault.”
[Victims of Sexual Violence: Statistics | RAINN](#)

***“We share tools to help them become happy and healthy human beings.
 Our intention is to work ourselves out of a job.” Sarah Rogers, Advocate and Prevention Coordinator***



1045 10th Street
Port Townsend, WA 98368

24/7 Crisis Line

360-385-5291

dovehousejc.org

Office: 360-385-5292



Stamp



Dove House	Chair	Vice Chair	Secretary	Treasurer	Jill Hamilton	Molly Pearson
Board of Directors	Kate Marshall	Julie St. Marie	Jill Landes	Pat Tisher	Brian Ritchie	Tarna McCurtain

We strive to support the mission of the Dove House through educational outreach, fiscal oversight, and community engagement. If our vision sounds like something you are passionate about, we would love to speak with you about joining our Board. Find a message from our Board Chair and Board Application [here](#).

The Little Free Pantry
 Give what you can, take what you need
 The Pantry is often in need of food items that can be eaten without access to cooking/kitchen facilities.
 Thank you to all of our neighbors and the local groups who help us stock the Pantry.



10th Annual Dove House Benefit Golf Tournament

Hosted by the Peninsula Support Organization (PSO) Bluebills



[Play In The Tournament](#)

[Be A Major Sponsor](#)



MAY
3rd & 4th

As Dove House's biggest fundraiser, the Tournament raises funds that sustain our services throughout the year. Tournament proceeds go toward providing survivors with the resources they need as they rebuild their lives.

Dove House Wish List

We are not accepting used items at this time

The following items are among those most requested and needed by our clients

- Supermarket Gift Cards * New Clothing * Individually-Packaged Toothbrushes
- New/Full-Size Personal Hygiene: Shampoo, Conditioner, Tampons, Deodorant, Dental
- Unopened Packaged Food/Ready-To-Eat Items: Tuna Snack Packs, Single-Serving Milk & Juice, Ramen, Cheese or Peanut Butter & Crackers, Energy/Granola Bars, Small Packages Trail Mix