

Newsletter

January 2022



dovehousejc.org

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In This Issue

Holiday Sponsorship wrap up
Seeking volunteers and Little Free Pantry “stewards”
Recovery Café deck is up and humming!

24/7 Crisis Line
360-385-5291

Dove House Is Open:

Monday 9-12

(closed Monday afternoon for our staff meeting)

Tuesday 9-12, 1-4

Wednesday 9-12, 1-4

Thursday 9-12, 1-4

Friday 9-12, 1-4

Dove House is closed daily 12-1

Recovery Café Open to the Public

Wednesdays 12-4

(Coffee & Connection)

Thursdays Noon—4 p.m.

(Free Meal)

Fridays 10 a.m.—1 p.m.

(Free Meal)

Welcome New Staff!

Maura Walsch,

Recovery Café Advocate

Liz Tierney, Intern

Carolyn Raleigh, Intern

A Survivor’s Journey

A mom with two children contacts Dove House late at night via our 24/7 Crisis Line and explains that she is feeling unsafe from her abusive spouse. Because of you, advocates are able to arrange for her and her children to stay in a hotel room overnight. In the morning, she meets with an advocate to do a lethality assessment and create a safety plan; it becomes clear that she needs continuing emergency shelter. We have a shelter room open, but it is in the process of COVID-required cleaning, so we pay for another couple of nights in the hotel room. As the family left home abruptly and in fear, Dove House provides food, clothing, and personal hygiene products.

During their initial days in our shelter, the family begins to recover from the trauma of violence and dislocation and attend to the practicalities of children moving to a new school and appointments to access services. With 24-hour access to their room and shared common spaces and all basic needs provided, the shelter becomes their temporary home. Mom meets with her advocate at least weekly, and children are offered their own, separate, advocate if they wish. Each struggles with a range of emotions including shame, grief, and anger as they process the changes in their life circumstances and encounter barriers. Dove House advocates offer a listening ear and emotional support and connect mom with services and resources to help her reach her goals. The family continues to regain emotional health, with the help of a therapist funded through Dove House in conjunction with participation in one of our support groups.

Over the next weeks and months, mom sets her own goals such as searching for long-term housing and employment and/or obtaining childcare and needed documents. She has to cope with attempts by her spouse to locate and intimidate her and her children. Survivors of domestic violence are extremely isolated with no access to the tools for building a self-sufficient life such as a bank account or driver's license. Because of the housing crisis in Jefferson County, it takes this family more than 8 months to find an affordable place to live and they may need to move out of the area leaving behind their established support system.

(continued on next page)

Programs & Services



Recoverycafejc.org

Open to the public:
 Wednesdays 12pm-4pm for coffee, connection, and goodies;
 Thursdays 12pm-4pm (lunch served at 12:30pm)
 Fridays 10am-1pm (brunch served at 10:30am)
 Indoor & outdoor dining options
 Proof of vaccination required for indoor dining



We help our Members foster positive peer relationships to build support for their unique recovery journeys; make referrals to community services; access online resources; and encourage everyone to participate in operating the Café. There are currently 51 Members and 27 Volunteers at Recovery Café with 7 Recovery Circles and 2 classes meeting weekly.

In November, we completed construction of our outdoor patio which provides a beautiful setting to safely gather for meal service, including for our November Gratitude Feast where we served 65 meals to clients, members, and the community. A successful giftwrap drive, the gift exchange, and holiday meal rounded out a fun and nurturing end of year.

Beginning in 2022, we will be hosting "Doc Talks" with Dr. Douwe Rienstra on the second Fridays of the month from 1:30pm-3pm; School for Recovery Workshops (replace our Volunteer Trainings) on the third Fridays of the month from 1:30pm-3pm; and JC MASH clinic on the fourth Fridays of the month from 1:30pm-3pm.

In addition, we will be starting a partnership with our local YMCA to provide "Y Tokens" to our Members which will allow them shower access at the Mountain View pool on Thursdays and Fridays.

View From The New Deck!



Volunteer help wanted! We could use your help as:
***Café Companions come consistently to listen,**
build healthy relationships and refer Members to community resources;
***Kitchen Helpers assist Staff in prepping, cooking, serving,**
and cleaning up for our meal service.

**Contact developmentrc@dovehousejc.org to apply,
or simply join us during meal service to introduce yourself.**

A Survivor's Journey, continued from pg. 1

While mom looks for housing, she starts to build a new support system for herself by participating in Recovery Café where she develops healthy relationships in a safe environment. She joins a Recovery Circle where she processes her daily life challenges with peers who have similar experiences. Getting her food worker card and volunteering at the RC kitchen are options she explores as she looks ahead to the next steps on her family's journey.

Clients may stay in, and return to, Dove House services for as long as they need to.
 Services are confidential and free of charge.

Special Thanks To

St. Vincent de Paul Longevity Massage & Bodywork Midori Farm,
 Port Ludlow Yacht Club Women's Group Jefferson Community Foundation QUUF
 PT Film Fest Olympic Peninsula Doll Club The Food Coop
 Water Street Tattoo domesticshelters.org, careeasy.org Port Townsend Shipwrights Coop
 Port Ludlow Voice World Vision/PSO Bluebills United Methodist Women
 Community United Methodist Church Washington State Coalition Against Domestic Violence

Everyone who gave during Giving Tuesday and Give Jefferson

And, all of our neighbors who joined us this past year as donors, are monthly/continuing supporters, and whose year-end gifts will sustain our work throughout 2022.

Without the financial and gift-card contributions from individuals in our community, Dove House would not be able to provide the services and resources vital for survivors staying safe and regaining self-sufficiency and healthy, meaningful lives.



Dove House Holiday Sponsorships

Because of generous individuals, organizations and businesses, 26 families who are rebuilding their lives after trauma were gifted with the makings of an abundant holiday experience.

Thank you to John L. Scott, Windermere, DM Disposal, PT Recyclery, Kitchen & Bath Studio, ACI Boats, Norland Garden Club, Worldmark By Windham, Trinity United Methodist Church, Doc's Marina Grill, The Dove House Board, and the many other individuals, families, and groups who made it all possible!



Top Left: Board Members wrapping gifts. Left: DM Disposal's donated bikes for adults fill our hallway. Above: Stockings made possible by donations from several groups.

The Little Free Pantry—Give what you can, take what you need
Thank you to all of our neighbors and the local groups who help us stock the Pantry.

Adopt-A-Month Opportunity: Work with Dove House Staff once a week for one month to keep the LFP tidy and stocked. Give Bekka Bloom a call if you or your group are interested 360-301-6241.





1045 10th Street
Port Townsend, WA 98368



24/7 Crisis Line

360-385-5291

dovehousejc.org

Office: 360-385-5292

Stamp



Dove House	Chair	Vice Chair	Secretary	Treasurer	Jill Hamilton	Molly Pearson
Board of Directors	Kate Marshall	Julie St. Marie	Jill Landes	Pat Tisher	Brian Ritchie	Tarna McCurtain

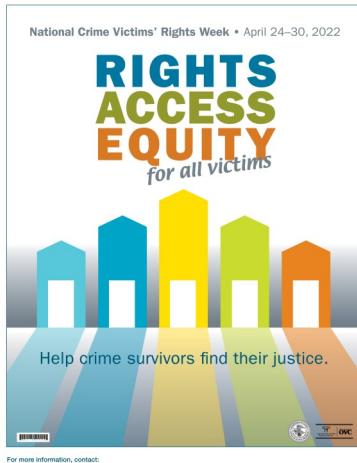
We strive to support the mission of the Dove House through educational outreach, fiscal oversight, and community engagement. If our vision sounds like something you are passionate about, we would love to speak with you about joining our Board. Find a message from our Board Chair and Board Application [here](#).

COMING UP THIS SPRING

Crime Victim Action Week
April 24-30

Sexual Assault Action Month
April. 1-30

Watch for updates
on our
Facebook Page!



Volunteer Opportunity

Do you have 2 hours weekly, bi-weekly, or monthly? Dove House can use some additional help in our back office. Activities include addressing thank you cards, stocking our Little Free Pantry, organizing donated items, preparing class materials, etc.

Give Bekka Bloom at call
at 360-301-6241
if you are interested.

Dove House Wish List

We are not accepting used items at this time

The following items are among those most requested and needed by our clients

Supermarket Gift Cards * New Clothing * Individually-Packaged Toothbrushes
New/Full-Size Personal Hygiene: Shampoo, Conditioner, Tampons, Deodorant, Dental
Unopened Packaged Food/Ready-To-Eat Items: Tuna Snack Packs, Single-Serving Milk & Juice, Ramen, Cheese or Peanut Butter & Crackers, Energy/Granola Bars, Small Packages Trail Mix