

# Newsletter

March 2020



[dovehousejc.org](http://dovehousejc.org)  
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## In This Issue

- Recovery Café Update
- Update on Programs
- Our Board Seeks to Expand SA Month & Other Events
- Dove House Wish List

## Coming up

### Give Big

May 6th

(early giving begins

Weds. April 22)

You can give year-round at  
[WA Gives \(host for Give Big\)](#)

## Dove House Welcomes 4 New Staff Members:

- Cheryl Weinstein  
Advocate
- Michael McCutcheon  
Recovery Advocate
- Benjamin Casserd  
Recovery Advocate
- Penny Westerfield  
Administrative Asst.

**We Thank Alan for His Excellent Service at Our Front Desk and Wish Him All The Best!**

**Support Survivors**  
During Sexual Assault Awareness Month



## Dove House is Open!

### What Phase 3 Looks Like for Us

Since we haven't been closed at any time during the COVID 19 emergency, moving into Phase 3 simply means some easing of restrictions and an opportunity for more in-person services. Advocates are able to have more in-person meetings with clients and we are planning to resume in-person support groups and classes with smaller group size.

Being able to offer in-person services will significantly enhance the level of support available to those recovering from trauma. Zoom meetings with an advocate while sitting in front of a computer in a bedroom at home where the trauma is present simply doesn't allow for optimal impact.

All Dove House staff are fully vaccinated, allowing us, for the first time in a year, to meet in person for staff meetings and morning huddles to coordinate services. Staff who have been working mostly at home are able to return to working in the office more of the time.

### ***We continue to observe all recommended precautions***

Staff and clients continue to use masks during in-person appointments and group sessions. We continue to provide 6' distance in our lobby and sanitize surfaces in between appointments. Group meetings will follow all required number limitations. At our emergency domestic violence shelter we continue to provide the latest information on how to stay safe and healthy, encourage social distancing, provide masks, sanitize regularly, and assist guests in navigating the changing school landscape. We always provide 100% of basic necessities to our shelter guests.

## Success Story

One of our clients has recently obtained affordable housing after several years trying to leave an abusive spouse, find safety, and achieve independence. This success story includes the determination and courage of this survivor, a multi-year connection with one of our advocates, resources from other local service providers, as well as the generosity of a community abroad. At Dove House, our definition of success is seeing families move from a place of fear, dependency and hopelessness toward increased self-sufficiency, belonging and rekindled hope. This survivor's story reminds us that domestic violence affects people from all walks of life and life circumstances.

## Programs & Services



When Jefferson County entered Phase 2, we were able to move some of Recovery Café's virtual services to a "hybrid" of in-person and virtual. This included Recovery Circles. With the addition of a new Recovery Circle on Wednesdays at 10am, we now offer 5 weekly Recovery Circles, serving a Membership of 35 people. This is thanks in large part to the fact that we now have 4 Recovery Advocates who are keeping regular office hours at the Café.

Recovery Café is now open on Thursdays 1-3pm offering both (limited) indoor and outdoor seating to maintain social distancing. During Phase 2, we served take-out meals, averaging 40 meals per day. While we're open, we help our Members foster positive peer relationships; make referrals to community services; access online resources; and encourage everyone to participate in operating the Café. With the arrival of Phase 3, we plan to serve meals on-site. Beginning April 2, the Café will also be open on Fridays 10am-12pm and serve breakfast.

Volunteer trainings continue on Zoom on the 3rd Friday of each month from 10am-12pm. All recordings can be found [here](#). Register [here](#) to attend future trainings. We also continue to offer individual recovery check-ins via phone, text, and e-mail ([developmentrc@dovehousejc.org](mailto:developmentrc@dovehousejc.org)).

We met our goal for Deck Out the Recovery Café fundraiser! We spent November through February soliciting designs and bids and are moving forward with a contractor for the work on the Kai Tai Lagoon side of the building. Our goal is to complete the work before summer! A huge thank you to everyone who participated in events during the campaign and to everyone who donated.



**Local businesses, organizations and individuals made it possible for 20 families healing from trauma to experience a wonderful holiday season in 2020. Rebuilding family norms such as holiday time together is an important part of healthy recovery.**

We have partnered with **Healing Courage** to offer their **two-part Consentric Circle Conversations** (April 4th and May 8th). Healing Courage's survivor driven and led model is based on the understanding that sexual violence is a community, not an individual, issue and that survivors have the most wisdom to share about consent that works and how to solve the problems created when it doesn't work. The first in the two-part Conversation holds a safe space where survivors can connect with one another, share wisdom from their experiences and healing, and discuss what consent looks like for current and future relationships. Participants from the first conversation invite their allies to the second Conversation. Survivors are again centered in this second community conversation, now with their allies bearing witness to the wisdom they share. Invited allies can contribute healing validation, acknowledgement, and innovation, becoming active advocates in cultivating a culture of consent in their lives, relationships and workplaces, ultimately calibrating how we support survivors and hold those who cause harm accountable in our community. Healing Courage believes that we heal in the presence of others. [Learn more about Healing Courage.](#)

Our next **Sexual Assault Support Group** starts April 21. The group welcomes survivors of sexual assault trauma seeking to connect with other survivors on their healing journey. [Enrollment information here.](#)

In the early summer, we will be offering our **Relationship Skills Class** to Members & Volunteers of the Recovery Café. Recovery Café membership is open to everyone who considers themselves to be in recovery. Learn about joining the Recovery Café [here](#). The Relationship Skills Class explores the skills we need in to have the relationships we want.

Our **Financial Skills Class** will also be offered this spring. This class offers information and skill building in effective and simple budgeting; establishing good banking practices; identity theft protection; managing credit and debt; understanding a credit score; and safe online and social media habits. For class schedule updates, contact Pat Thompson at Dove House 360-385-5292.

### Special Thanks

#### Deck Out The Recovery Café

Kristin Manwaring Insurance  
 Windermere Agents of Good Roots  
 Coyne Family Trust  
 Stephen Sklar/Edward Jones PT  
 Jefferson Healthcare  
 Olympic Trading Post  
 Trinity United Methodist Church  
 Port Ludlow Brokers  
 Chimacum Corner Farmstand  
 PT Sangha Serendipity Farms  
 Port Townsend EcoVillage  
 Bayview Restaurant Quimper Mercantile  
 Sunrise Café 123 Thai  
 Banana Leaf Bistro Firebird Rise  
 Grounds for Perfection  
 Starbucks Ajax Café  
 Waterfront Pizza Pan d'Amore  
 The Food Coop Ferinos Pizzeria  
 Silverwater Café Dove House Board  
 Howell's Sandwich Shop  
 Farms Reach Café PT Recyclery  
 Don's Pharmacy Rose Theatre  
 Jefferson County Chamber of Commerce  
 Carl's Building Supply

#### Holiday Sponsors and Contributors

Olympic Art and Office  
 Olympic Peninsula Doll Club  
 PT Recyclery and DM Disposal  
 The Many Individuals and Businesses Who Sponsored  
 Families for the 2020 Holidays

#### Year-Round and Annual Supporters

Townsend Letter Group  
 Jefferson County Sportsmen's Association  
 World's End Bayview Pumps  
 Jefferson Community Foundation  
 Jefferson County Dept. of Emergency Management  
 Port Townsend Shipwrights Coop  
 Kitsap Bank Kiwanis Club of PT  
 QUUF Worldmark by Windham  
 Newport Academy The Boeing Bluebills  
 Homer Smith Insurance First Baptist Church  
 Unity Center of Port Townsend  
 Society of St. Vincent de Paull  
 Frederickson Electric Goodman Sanitation  
 National Alliance on Mental Illness (NAMI)  
 Seattle Women's Shelter Jewelry Project  
 Uptown Nutrition Sound Community Bank  
 Community United Methodist Church

#### Year-Round and Annual Supporters, continued

Port Townsend High School Key Club Residents of Evergreen Coho Skp Park  
 Everyone who has contributed to COVID relief, annual donors, and  
 all who give during the Give Jefferson, Giving Tuesday, and Give Big Campaigns  
**Without the financial and gift-card contributions from individuals in our community,  
 Dove House would not be able to provide the services that are so vital for survivors  
 staying safe and reaching their goals for self-sufficiency and healthy, meaningful lives.**

We recently learned that two of our beloved long-time supporters are moving. We wish to pay special tribute to **Myron and Valeria Vogt** whose generosity and ingenuity have inspired many accomplishments and services that have supported Dove House clients for many years. Thank you from the bottom of our hearts—we will miss you!

#### The Little Free Pantry—Give what you can, take what you need

Thank you to the Nordland Garden Club and all of our other neighbors who stock the Pantry



1045 10th Street  
Port Townsend, WA 98368

**24/7 Crisis Line**

**360-385-5291**

[dovehousejc.org](http://dovehousejc.org)

Office: 360-385-5292



Stamp

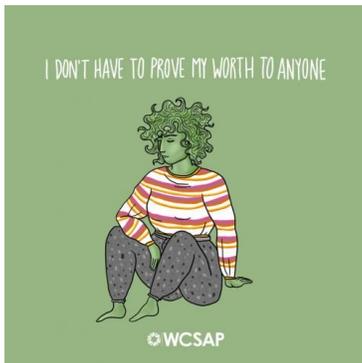


<b>Dove House</b>	<b>Chair</b>	<b>Secretary</b>	<b>Treasurer</b>	Jill Hamilton	Molly Pearson	Brian Ritchie
<b>Board of Directors</b>	Kate Marshall	Jill Landes	Pat Tisher			

*We strive to support the mission of the Dove House through educational outreach, fiscal oversight, and community engagement. If our vision sounds like something you are passionate about, we would love to speak with you about joining our Board. Find a message from our Board Chair and Board Application [here](#).*

## April is Sexual Assault Awareness Month—Join Us!

### Consent Matters!



### Sexual Assault is 100% Preventable

- Consent Word BINGO—Thursday April 21st 7:30 p.m.
- Survivors of Sexual Assault Support Group—April 19th 6:00 p.m.
- Concentric Circles Conversations with Healing Courage  
—April 4th and May 8th 10:00 a.m.
- Drop-In Space With Support For Survivors  
—Wednesday, April 14th 5:30-7 p.m. via Zoom
- Trauma Informed Yoga (all levels)—Recorded Sessions

[Resources for Survivors & All Event Info/Links at dovehousejc.org](http://dovehousejc.org)

The Ninth Annual Benefit Golf Tournament hosted by the Boeing Bluebills  
is ON for Friday, August 27, 2021!

Join us as a player and/or as a sponsor. All the info is at [dovehousejc.org](http://dovehousejc.org) or give Bekka a call at 360-301-6241.

### Dove House Wish List

We continue to observe COVID precautions and are not accepting used items at this time.  
The following items are among those most requested and needed by our clients.

- Supermarket Gift Cards
- New clothing
- New/Full-Size Personal Hygiene (Shampoo, Conditioner, Tampons, Dental)
- Unopened Packaged Food/Ready-To-Eat Items: Tuna snack packs, single-serving milk & juice  
cheese or peanut butter & crackers, energy bars